**Devotion 1: The Real Problem - Shaped by the World**

**Scripture:** Romans 1:18-25

**Devotion:**

1. **Opening Prayer:** Begin with a prayer asking God to help you understand His Word and to shape your heart.
2. **Read the Scripture:** Read Romans 1:18-25 aloud or silently.
3. **Reflection:**
	* Reflect on how sin separates us from God and how the world tries to shape our hearts and minds.
	* **Question for Reflection:** "In what ways have I allowed the world to shape me? How can I allow God to shape me instead?"
4. **Activity:**
	* Take a piece of paper and write down the ways you feel the world has influenced you.
	* On the other side, write down how you want God to shape you (e.g., more loving, patient, kind).
5. **Closing Prayer:** Pray, asking God to help shape your heart to be more like Jesus and to resist the influences of the world.

**Tip:** Keep the paper as a reminder of your commitment to let God shape you.

**Devotion 2: The Rescue - Touched by Jesus**

**Scripture:** Romans 1:16

**Devotion:**

1. **Opening Prayer:** Begin with a prayer asking God to help you understand His love and rescue.
2. **Read the Scripture:** Read Romans 1:16 aloud or silently.
3. **Reflection:**
	* Reflect on the power of the gospel and how Jesus came to rescue us from sin.
	* **Question for Reflection:** "How has Jesus rescued me in my life? How does it feel to be rescued by Him?"
4. **Activity:**
	* Write a short letter to Jesus, thanking Him for the specific ways He has rescued you and expressing your gratitude.
5. **Closing Prayer:** Pray, thanking Jesus for His rescue and asking Him to help you share His love with others.

**Tip:** Revisit this letter whenever you need a reminder of Jesus' love and rescue.

**Devotion 3: The Call - Transformed Life**

**Scripture:** Ephesians 4:27

**Devotion:**

1. **Opening Prayer:** Begin with a prayer asking God to help you understand how to live a transformed life.
2. **Read the Scripture:** Read Ephesians 4:27 aloud or silently.
3. **Reflection:**
	* Reflect on the importance of not giving the devil a foothold in your life.
	* **Question for Reflection:** "What are some things in my life that might give the devil a foothold? How can I keep my heart and mind focused on Jesus?"
4. **Activity:**
	* Make a list of habits or thoughts that you need to change to avoid giving the devil a foothold.
	* Write down practical steps you can take to focus more on Jesus (e.g., daily prayer, reading the Bible, acts of kindness).
5. **Closing Prayer:** Pray, asking God to help you live a life that is transformed by His love and to resist the devil's influence.

**Tip:** Review your list regularly and track your progress in making these changes.

**Devotion 4: God Chooses Us**

**Scripture:** Romans 3:23

**Devotion:**

1. **Opening Prayer:** Begin with a prayer asking God to help you understand His love and choice.
2. **Read the Scripture:** Read Romans 3:23 aloud or silently.
3. **Reflection:**
	* Reflect on the fact that all have sinned and fallen short of God's glory, but God still chooses and loves us.
	* **Question for Reflection:** "How does it feel to know that God chooses me even when I make mistakes? How can I show God's love to others?"
4. **Activity:**
	* Write down one person you can show God's love to this week and how you plan to do it (e.g., a kind word, a helping hand, a prayer).
5. **Closing Prayer:** Pray, asking God to help you show His love to others and to remind you of His choice and love for you.

**Tip:** Follow through on your plan to show God's love and reflect on the experience.

**Devotion 5: Changed for a Purpose**

**Scripture:** Ephesians 6:10-12

**Devotion:**

1. **Opening Prayer:** Begin with a prayer asking God to help you understand your purpose.
2. **Read the Scripture:** Read Ephesians 6:10-12 aloud or silently.
3. **Reflection:**
	* Reflect on the call to stand strong in the Lord and put on the full armor of God.
	* **Question for Reflection:** "What does it mean to put on the armor of God? How can I stand strong in the Lord every day?"
4. **Activity:**
	* Write down one thing you can do today to stand strong in the Lord (e.g., prayer, reading Scripture, an act of kindness).
	* Commit to doing this one thing and reflect on how it helps you stand strong.
5. **Closing Prayer:** Pray, asking God to help you stand strong and fulfill His purpose for your life.

**Tip:** Make standing strong in the Lord a daily habit and reflect on your growth over time.

**Encouragement:** Remember, the goal is to develop as a disciple of Jesus. Be patient with yourself, stay committed, and celebrate your growth in understanding and living out your faith.